

# **Lima Army National Guard Unit**

## **SUPPLY LIST**

- Single serve flavored beverage mixes (Propel, Crystal Light, Gatorade, Kool Aid, etc.)
- Chex Mix
- Cereal bars/ granola bars/ protein bars
- Instant coffee/ hot cocoa
- Beef jerky
- Trail mix/ nuts
- Gum
  
- Liquid body wash
- Foot powder
- Disposable razors
- Shampoo/ conditioner
- Deodorant
- Baby wipes
- Sunscreen
- Chap stick
- Anti-bacterial wipes
- Hand sanitizer
- Tissues
- Toothbrush
- Toothpaste
- Feminine hygiene products
  
- iTunes gift cards
- AAFES gift cards
- Phone cards (international)
- Bath towels/ washcloths
- Twin size sheets
- Blankets