



**2011 Van Wert Lady Cougar
Basketball Camp
July 18-21**



Who: All girls entering grades 3-8 during the 2011-2012 school year

Dates: July 18-21 (Mon-Thu)
Registration deadline is June 30th

Time: 1:00pm – 4:00 pm

Where: Van Wert High School and Middle School Gyms

Cost: \$40 for first attendee; \$25 for subsequent family members.
Includes a t-shirt and surprise camp gift.
If finances are an issue, please contact Coach Lance Moonshower @
419-203-2856 (Cell) or 419-238-1794 (Home)

What to Bring: A separate pair of basketball shoes (no street shoes please).
Appropriate basketball attire (shorts, t-shirt)
Optionally, a water bottle and towel.

Camp Details:

The Lady Cougar camp will focus on teaching the fundamentals of the game of basketball in a fun environment. The coaching staff and high school players will provide close attention to all campers to teach them the proper ways to play and practice the game of basketball. Focus areas include:

*Passing	*Ball Handling	*Shooting	*Footwork
*Rebounding	*Defensive Principles	*Screening	*Court Spacing

Other Camp Highlights:

*Skills Competitions	*Basketball Handouts	*Game Competitions
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LADY COUGAR CAMP APPLICATION

Camper: _____ **Parents Name(s):** _____

Grade 2011-2012: _____ **School:** _____

Address: _____ **City:** _____ **State:** _____

Home/Cell Phone: _____ **Work Phone:** _____ **Emergency Phone:** _____

Shirt Size (Circle One): Youth: S M L Adult: S M L XL

Make Check Payable to Van Wert Girls Basketball, and send payment and registration to:

**Lance Moonshower
Van Wert High School
10708 S.R. 118 South
Van Wert, OH 45891**