

HALL OF FAME SKILLS CAMP

DATES: June 8-15 – 22-29, July 5-11 7:30-9 p.m.

at Van Wert High School Basketball Boys and Girls Entering Grades 8 - 12

PROGRAM GOALS:

This program is designed for the **SERIOUS** basketball player from any school who has a strong desire to improve their individual skill development. In recent years, young basketball players now spend their time playing just games in the off-season and not working to improve on the necessary fundamentals of the game. This program will offer each player an opportunity to spend quality time with the teaching of skills and then participate in individual drills necessary to gain the mental and physical understanding of this great game.

This will be an intense and demanding program of drill work. It is not important what your individual skill level is at this point, what is important is your desire to learn the correct way to practice and improve. This will be accomplished through the serious approach that will be demanded by the coaching staff. Among the skills and fundamentals to be emphasized are:

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|---------------------------------------|---|
| * Shooting Technique | * Passing & Ballhandling Technique |
| * Offensive Footwork | * Defensive Footwork & Positioning |
| * Triple Threat Series | * Rebounding Technique |
| * Speed & Quickness Drills | * Weight Training Introduction |

COACHING STAFF

The Strictly Skills camp will be directed by Van Wert Head Coach David Froelich with specific coaching sessions to include **Ohio Basketball Hall of Fame Coaches Al Welch from Wayne Trace, Ray Etzler from Crestview and Larry Clark from Lincolnview/Perrysburg High Schools**. The program will be dedicated to detailed teaching of individual fundamentals. Groups will be small and proper execution will be emphasized. Each technique will be taught step-by step in great detail. We will introduce the whole-part-whole process and each player will be drilled repeatedly throughout the session. ***The emphasis is on teaching individual skill and proper technique*** that establishes a base of understanding necessary to become a good player at any level on any team.

FEE AND REGISTRATION

The fee for the entire program is \$50, which is due with the application. All players are welcome even if you have to miss a particular session date. Please make checks payable to Van Wert Basketball. Registration forms should be sent on or before June 1 to guarantee enrollment. Any application received after June 1 is subject to availability. Any questions or further information contact Coach Froelich at Van Wert High School by calling 419.238.3350 or 419.513.0310 or email d_froelich@vwcs.net.

STRICTLY SKILLS 2011

Players Name _____ Grade in 2011 _____ School _____

Address _____ Best Phone _____

Parents Name _____ Work Phone _____ Emergency Phone _____

I give my consent and approval for the directors of the Van Wert Camp to act for me according to their best judgment in an emergency requiring medical attention. I am also responsible for all medical expenses incurred.

Parents Signature _____ Date _____

T-SHIRT ORDER (circle one) **Adult Sizes:** S M L XL XXL

Make a \$50 check payable to: VAN WERT BASKETBALL Deadline is June 1

Mail to:

**David Froelich
Van Wert High School
10708 S.R. 118 South
Van Wert, Ohio 45891**